Food, Culture, & Health Study

Thank you for participating in this study focused on food and health in your cultural community! Below are some local food and nutrition and mental health resources in the South Florida area.

Food & Nutrition Resources:

- [Miami Area Food Shelf Locator](http://FoodPantries.org) | FoodPantries.org
- [Food Pantry](http://CornerstoneChurch.com) | Cornerstone Church
- [Apply for SNAP Benefits](http://Benefits.gov) | Benefits.gov; also available over the phone at (866) 762-2237
- [Helpline for Locating Food Assistance](http://2-1-1Miami) | 2-1-1 Miami

Mental Health Resources:

- [Free Mental Health Services for North Miami Families and Individuals](http://NorthMiamiHolisticWellnessCenter.com) | North Miami Holistic Wellness Center
- [24-hour Mental Health Support Line and Behavioral Counseling Services](http://JewishCommunityServicesOfSouthFlorida.com) | Jewish Community Services of South Florida