**ARE WE OVERDOSING ON HEALTH CARE?**

**[Your Name] and**

**BABY BOOMERS FOR BALANCED HEALTH CARE**

**INVITE YOU**

**TO A SMALL GROUP CONVERSATION ABOUT TODAY’S CULTURAL BELIEF THAT MORE HEALTH CARE IS BETTER HEALTH CARE**

**[Place and time]**

 **Until recently, most people were concerned about getting too little health care. This is still a concern for many.**

**But a new problem has crept upon us in recent decades: too much health care. This means too many tests, procedures, and services that don’t help and can harm. We are overdosing on health care.**

**Overuse and overspending in health care affect our personal well-being and the larger economy. They deprive our country of resources for other priorities like education, transportation, research, community safety, and human services.**

**Come share your perspective and experiences.**

*Baby Boomers for Balanced Health Care is Citizen Health Care initiative. Its website, with bios on its members, is* [*www.boomers4balancedcare.org*](http://www.boomers4balancedcare.org)*.*